

A MERCY CENTER OF EXCELLENCE & INNOVATION

## AUGUST 2024 ISSUE









DELIVERING TO YOU ALL OUR AUGUST 2024 NEWS & MORE

















## STAFF COMPELLED INTRODUCTIO



MRS. MARIN MRS. RIVEROL









**AFFAIRS** 

VICE PRINCIPAL OF STUDENT VICE PRINCIPAL OF ACADEMIC -BUSINESS DEPARTMENT **AFFAIRS** 

MRS. RAMCLAM

-IT DEPARTMENT -BUSINESS DEPARTMENT HOD

MS. BAUTISTA -SCIENCE AND MATH **DEPARTMENT** 

MS. GILLET -RELIGION AND AESTHETICS **DEPARTMENT** 



MS. MARTINEZ -SPANISH DEPARTMENT -IT DEPARTMENT



MRS. SALAZAR MRS. MAGAÑA -SPANISH HOD -ARTS HOD



MRS. MANZANERO -SPANISH DEPARTMENT



MS. CONTRERAS -SPANISH DEPARTMENT -RELIGION AND AESTHETICS



MR. THOMPSON DEPARTMENT



MRS. USHER -ARTS DEPARTMENT



MRS. CAL -RELIGION AND AESTHETICS **DEPARTMENT** 



MR. LANZA -MATH AND SCIENCE **DEPARTMENT** 



MRS. CORREA -RELIGION AND AESTHETICS **DEPARTMENT** 



MR.NKETIA -MATH HOD



MRS. CASTILLO -LANGUAGE DEPARTMENT -ARTS DEPARTMENT



MRS. FRANKLIN -RELIGION AND ASTHETICS **DEPARTMENT** 



MS. LOCKE -SCIENCE AND MATH DEPARTMENT

DR. SALOME TILLETT -PRINCIPAL **CHAMPION OF MERCY VALUES** 



"TEACHERS ARE NOT JUST A BRIDGE TO KNOWLEDGE: THEY ALSO PLAY A CRUCIAL ROLE IN SHAPING WHO WE BECOME. THEY GUIDE US NOT ONLY THROUGH OUR LESSONS BUT ALSO IN **UNDERSTANDING OURSELVES AND THE** WORLD AROUND US. MOREOVER, THEY PROVIDE CONSTANT SUPPORT AND US **ENCOURAGE** TO LEARN EFFICIENTLY, GROW, CHANGE, AND **ACADEMICALLY** SUCCEED AND **INFLUENCE** SPIRITUALLY. **THEIR** EXTENDS BEYOND THE CLASSROOM, AFFECTING OUR LIVES IN SIGNIFICANT WAYS."



## MEET YOUR STUDENT COUNCIL



Leaders, Innovators, and Changemakers!

#### **About Us:**

Welcome to an exciting new chapter at Saint Catherine Academy! We are proud to introduce our Student Council members serving from 2024-2025! Our elected members are much more than just school representatives; they are our voices, our helping hands, and our supporters. Get ready to meet the passionate individuals committed to making a difference and leading the Student Body towards a fantastic school year!

The Student Council consists of 14 impressive young ladies, 4 juniors, and 10 seniors who work diligently to make every Mercy Girl enjoy her four years at SCA. The Council is divided into two groups: the Student Council, which has 7 ladies, and the Shadow Council, which also has 7 ladies. The Shadow Council's job is to assist the Student Council.

UPCOMING STUDENT
COUNCIL

**EVENTS!** 

- Freshmen's Program
- · Winter Gala



## MEET YOUR STUDENT COUNCIL





#### STUDENT COUNCIL **SHADOW COUNCIL** 2024-2025

#### **President:**

Amera Castillo

Vice-President:

Kelsie Parham

**Marketing Manager:** 

Emma Solano

Secretary:

Kimaya Charley

**Graphic Designer:** 

Ariel Henry

Social Media Manager:

Mia Pollard

**Ligison Officer:** 

Hailey Castillo



Moderator Zayari Pacheco

President:

Brielle Parham

Vice-President:

Akili Jones

**Marketing Manager:** 

Isabelle Rivers

Secretary:

Offelia Hernandez

**Graphic Designer:** 

Alyssa Escalante

Social Media Manager:

Eiesha Pech

**Ligison Officer:** 

Ms. Denesha Grant



## WELCOME NEW STUDENTS!



### WELCOME TO SCA MERCY GIRLS!



### WHAT MAKES SCA SPECIAL?

Here at SCA, we are more than just a school; we are a big family that champions and supports each other. Our community is built on the solid foundation of our Mercy Core values, including Compelled by Mercy, Educational Courage, Inspired by Faith, Principled Leadership, and a Voice for Dignity and Respect. These values guide and help us to grow into compassionate and empowered young women. Remember, as Mercy Girls, we uphold our school's name and legacy with pride and integrity.

#### TIPS FOR ACADEMIC SUCCESS

#### SET CLEAR GOALS

Dream big! Whether it involves joining the National Honor Society (NHS) or landing on the Honor Roll, these goals involve maintaining a 3.25+ GPA, showing off your leadership skills, and getting involved in service activities.

#### STAY ORGANIZED

Being organized is key to academic success! Keep everything in order by using a cycle calendar app or a reminder book. Also, make sure to stay updated on Teams for any new messages, upcoming assessments, and deadlines.

#### STAY INVOLED

Put yourself out there! Participate in class discussions, ask questions, join clubs, play sports, and participate in school events and activities. All of these are great ways to not only build your confidence but also to make new friends.

AUDRIEL SANCHEZ
ALIZA DONIZ





## SOARING



## SEA HAWKS





ALL SCHOOL TEAMS ARE KNOWN AS "THE SOARING SEA HAWKS".

Meet Mercy, the courageous and wise female sea hawk who has been soaring above Saint Catherine Academy for generations.



Legend has it that Mercy, a sea hawk with a heart full of determination and a keen eye for adventure, took it pon herself to watch over the students and guide them through their academic and personal journeys when the academy was first established in 1883. With her sharp vision and strong wings, she has been an example to many, inspired students to reach for the stars, and cheered on the sports teams in their quest for victory. Mercy transcends her role as a mascot, embodying the essence of resilience, adaptability, and leadership. Her unwavering spirit and commitment to upholding Saint Catherine Academy's values have made her a beloved figure among students, faculty, and alumnae, inspiring us all to strive for greatness.

Mercy embraces new challenges and welcomes a diverse array of students, constantly reminding us to soar to new heights and embrace change.

Her name becomes synonymous with the academy's spirit, and her legacy continues to inspire everyone who walks the halls of Saint Catherine Academy. Mercy, the SCA Sea Hawk, with wings spread wide, is a living testament to the academy's enduring values.





Sea Hawks are renowned for their strength, agility, determination, keen vision, adaptability, fearlessness, beauty, and grace. It symbolizes resilience, tenacity, the drive to soar to new heights, clear-sightedness, adaptability, freedom, protection, wisdom, and environmental stewardship.



BY KALAYA MOLINA AND AARUSHI HARJANI

GOALS TO SET FOR YOURSELF:

DEVELOP A GROWTH

IT CAN BE HELPFUL FOR YOU TO THINK THAT
YOU CAN ALWAYS DEVELOP YOUR ABILITIES
WITH HARD WORK AND DEDICATION. GAINING
THE HABIT OF ALWAYS STRIVING FOR
IMPROVEMENT WILL ENCOURAGE YOU TO
COMPLETE ASSIGNMENTS, ENGAGE IN CLASS
DISCUSSIONS, AND PAY ATTENTION IN CLASS.
UNDERSTANDING THAT WE LEARN FROM
MISTAKES IF YOU HAVE A GROWTH MINDSET.

JOIN AN EXTRACURRICULAR

PARTICIPATING IN EXTRACURRICULAR ACTIVITIES IS JUST AS IMPORTANT AS ACADEMICS. IT IMPROVES YOUR SOCIAL SKILLS AND MAKES YOU MORE VISIBLE. YOU CAN JOIN A VARIETY OF CLUBS AT SCA.

SCHOOL YEAR

Educational Courage

IMPROVE YOUR PRODUCTIVITY

MANY PEOPLE STRUGGLE
WITH PROCRASTINATION,
BUT IF YOU LEARN TO
MANAGE YOUR TIME WELL
THEN YOU MAY FINISH
YOUR HOMEWORK OR
PROJECTS AHEAD OF THE
DUE DATE AND AVOID
LAST MINUTE STRESS.

WORK ON POSITIVITY

HAVING AN OPTIMISTIC OUTLOOK MAKES LIFE FUN EVERY DAY. IT IS IMPORTANT TO FOCUS ON THE POSITIVE THINGS IN LIFE OVER THE NEGATIVE ONES.



## Theology of the Body



BY: MR. GIAN PARHAM



In the General Wednesday audiences delivered by St. Pope John Paul II, which became the scriptural reflection known as the Theology of the Body (TOB), we are introduced to the idea that Theology has a lot to do with the body. In fact, TOB is defined as the study of God in and through the body. As weird as that sounds, it should not surprise us. St John Paul II said that "through the fact the Word of God became flesh, the body entered Theology... through the main door"(TOB 23:4). When the Word (the second person of the Trinity) became flesh (John 1:1), humanity was given the greatest means of encountering God in a deeply personal way.



In fact, Jesus himself said, "I am the way, the truth, and the life" (John 14:6), signifying that being Christian is not just being part of a religion but it is a relationship with God rooted in the Word made flesh. In the person of Jesus, we see God made visible, drawing us into a love for the God we cannot see. The wonder of the Incarnation is that Jesus meets us where we are because, as humans, we can only experience God through our physical

nature.



The great event in the history of humanity, God taking on human form, removed any idea or belief of God as a distant, abstract being. By taking on human nature, Jesus becomes one with us (Philippians 2:6-7), therefore, elevating us to share in His divine life.

Through Jesus, intimate communion with God is made possible. When the Word took on a human body, he embraced all of humanity, enabling us to "become partakers of the divine nature" (1 Peter 1:4). When the Word became flesh, he entered our world as a man, which was not a random choice. Jesus' masculinity was central to his mission, coming as the heavenly bridegroom who would give his body for his bride, the Church. His birth, passion, death, and resurrection were all bodily experiences, and far from being a barrier, his body was the means through which he expressed his love for the Father and achieved our redemption. We too are called to express our love for God in and through our bodies. The body matters, what you do with your body matters! So, keep glorifying God in and through your bodies. Until next time...



## OCEANA & SCA CLEANUP

The cleanup was held along Marine Parade, starting off from Memorial Park on Sunday, the first of September, at 7:00 a.m. It was in collaboration with Sea of Life, Oceana, and Saint Catherine Academy to help minimize the garbage around the park.

After gathering the trash items, the students analyzed and recorded data using data sheets and sorted the garbage by brand, item, type of plastic, amount, and number using an app that allows you to enter the data for your area.

This cleanup was a great opportunity to bond with peers, learn new things about keeping the coast and sea free of trash and how the decomposition of certain garbage materials works, and help the community improve the world.







## "SAINT CATHERINE ACADEMY HOSTS INSPIRING SWIM AND LEARN EVENT IN BELIZE CITY"

The Saint Catherine Academy of Belize City, Belize, hosted an inspiring SWIM and LEARN event on <u>Saturday, September 1, 2024</u>, marking the kickoff to a year promoting Earth's care, advocacy, and protection. Coincidentally, "Hope and Act with Creation" is the World Day of Prayer for the Care of Creation theme on September 1, 2024. This unique event was held in collaboration with the Belize Coast Guard, Oceana Belize, the Belize Triathlon Association, and the Young Women's Christian Association (YWCA), showcasing the academy's commitment to environmental conservation and the significance of swimming in Belizean waters.

The SWIM and LEARN event was a remarkable blend of fun and knowledge, showcasing the many benefits of swimming while highlighting the importance of preserving Belize's waters. It was organized and coordinated by esteemed alumni, including Lieutenant Commander Alma Pinelo of the Belize Coast Guard, Jacinta Gomez Usher of Oceana Belize, Sea of Life, Kaya Cattouse of the Belize Triathlon Association, Diane Haylock of the YWCA, and Dolores Balderamos Garcia of the Ministry of Human Development, Families and Indigenous Peoples' Affairs along with SCA representatives

Dr. Salome Tillett, Aldarita Marin and Jamie Usher.













Full Distance swimmer (9 miles)
Kimali Martinez with Hon. Henry Usher
and President of Belize Triathlon
Association, Kaya Cattouse

SCA Alumna, Lieutenant Commander of the Belize Coast Guard, Co-Sponsor and Participant Alma Pinelo with Hon. Henry Usher



SCA Faculty Member Jamie Usher completing 2 miles of the challenge.



Belize Defense Force Relay Team
executed the challenge!
(9 Representatives completing 1 mile
each)





The SCA Swim Test by John W Searle



St Catherine's Academy Where all the smart Belizean girls go Established by the Sisters of Mercy More than a 100 years ago

St Catherine's has all the best teachers
In science, math, and the arts
They get the best results
Because they're teaching from their hearts

If the girls look out their classroom window And stare across the sea They see a beautiful island Yes, that's St George's Caye

A place so important in Belizean history For the Battle of St George's Caye Where our Baymen were victorious And secured this land for you and me

Miss Jamie is a new teacher
Who thought of a big event
To start the SCA swim team
So off to the principal she went

Miss Jamie spoke to Dr Tillett and explained the plan to be Have everyone swim to Belize City All the way from St George's Caye.

Dr Tillett thought for a while Then told Miss Jamie she liked the idea But the task is so daunting Where do we go from here?

They then took the idea to Kaya A sportswoman extraordinaire Who is also a City Councilor And a graduate from here Kaya listened intently
And said she would support
There was still one big problem however
The team needed a boat

Then they called the Coast Guard Lieutenant Pinelo said yes And we'll even participate Our swimmers are the best

And today was the start
Of a brand-new idea
To encourage swimming in schools
Who knows where it will go from here

Perhaps we'll have an Olympian
In future years to be
And then she can say
It all started with my swim from the Caye

How proud that would make us feel To know that it all started here That teaching school children to swim Would build their confidence for future years

So to Miss Jamie and Dr Tillett Lieutenant Pinelo and Kaya too Thank you all for organizing the event It couldn't have happened without you

And to all the brave swimmers Who swam the open sea We will see you next year At Historic St George's Caye

Sep 1, 2024







## STUDENTS ACTIVITIES Summer 2024













**VBS** 

- The main purpose of VBS is devoting a portion of your summer to help kids understand the bible. It also helps to create an outreach within the community and bring them closer to God.
- Vacation Bible School isn't only about helping the kids, but to guide you closer to the Lord!

If you're looking for a summer activity, VBS is for YOU! Vacation Bible School can be found at any local church! VBS offers unique opportunities for learning, fellowship, and service. Regardless of your age, volunteer and have an opportunity to strengthen your relationship with God!

### WHY YOU SHOULD JOIN:

- It plays a vital role in nurturing spiritual growth
- Builds community bonds
- Extends one's own abilities to a larger society



Our mercy Girls/ Sea Hawks Kalaya Molina, Aaliyah Wade, Nikia Castillo and Akasha Molina volunteered to do VBS at Port Loyola Calvary Chapel in Belize City and Galilee Gospel Chapel in Gales point, along with a team who came from Washington and Conneticut.

"For me, being able to be a part of VBS was such a blessing. Having the opportunity to go to Belize twice and see the kids light up each day by the Lord. Being able to share the love of God with these kids is so amazing, and I just can't wait to see what else the Lord does in Belize City and in Gales Point."

> -Ali Moore from Calvary Chapel South in Kent, Washington



Head Prefect and football player on Saint
Catherine Academy's football team, Jeslin Moran,
showed great courage as she tried out for Belize's
female U16 team. She has been participating in
the training camp in Belmopan, traveling weekly
and training tirelessly. We take great pride in her
efforts. Jeslin displayed true dedication and
represented SCA to the best of her abilities.

Congrats on doing your best, Jeslin.

#mercygirlsrock



## STUDENT ACTIVITIES SUMMER '24

Over the summer, one of SCA's very own mercy girls, Sara Safa, made us proud as she played as the youngest player on Belize's National Volleyball team. Playing since the age of 3, Sara is the tremendous dedication and love for the sport.

Every player dreams of winning their tournament, but Sara stresses the importance of having fun simultaneously. It's easy to get caught up in the preparation and lose sight of the joys of playing the game and bonding with your team.

"I was just trying to have fun despite for:

"I was just trying to have fun despite feeling a bit stressed. We're allowed to make mistakes and have fun. I felt all the pressure, but I worked around it."

At her young age, she shows unwavering determination and confidence, inspiring us all to reach for the stars and reach our fullest potential. In her experience on the court, however, Sara learned more than how to play volleyball. She learned a plethora of lessons and values that will stick with her for a lifetime. "This experience helped me develop stronger team bonding and sportsmanship. We had to have each other's back every step of made on the court. It's so important to act like a team to win. I support my members on the court."

Despite her short time on the court, she left a momentous impact on us at SCA, inspiring us to reach for the stars and persevere. We wish Sara all the best in all her future endeavors and hope to see her soaring to new heights in her volleyball career.

By: Alina Garcia & Gina Teichroeb









## **DEPARTMENT OF YOUTH INTERNSHIP**

## WHAT IS THE DEPARTMENT OF YOUTH INTERNSHIP?

THIS INTERNSHIP IS EXECUTED BY THE YOUTH DEPARTMENT OF BELIZE. IT ALLOWS CHILDREN OF ANY AGE TO SIGN UP FOR VARIOUS SUMMER ACTIVITIES, SUCH AS BAKING, BARBERING, ARTS AND CRAFTS, MUSIC, LIFE SKILLS, ETC.

## **SABRINA ENWRIGHT**

THIS SUMMER, SCA'S VERY OWN SABRINA ENWRIGHT SIGNED UP TO BE A MENTOR AND HELP TEACH CLASSES TO CHILDREN WHO WERE A PART OF THE YOUTH DEPARTMENT PROGRAM. SABRINA CHOSE TO PARTICIPATE IN THIS INTERNSHIP BECAUSE OF HER PASSION FOR HELPING COMMUNITY CHILDREN. WHEN SABRINA WAS ASKED WHAT WAS ONE THING SHE WOULD HAVE DONE DIFFERENTLY, SHE SAID " I WOULD HAVE STARTED EARLIER AS I ENJOYED TEACHING AND HELPING THE CHILDREN THROUGHOUT THE SUMMER"

## HOW TO SIGN UP FOR MENTORSHIP?

DURING THE SUMMER OF 2025,
INTERESTED YOUTHS 15 YEARS AND OLDER
WILL BE PRIVY TO SIGN UP
AT THE YOUTH DEPARTMENT LOCATED AT
#1 MAGAZINE ROAD, BELIZE CITY.

**GET EXCITED TO BE A MENTOR!** 



CREATED BY: ANJALI
HEDAGE, VIOLETH MOLINA,
AND JASMIN CANTO











Alice Albright and the MCC team were also on the Saint Catherine Campus and met with representatives of the GAMAS and our Saint Catherine Academy Board Chair and Principal. The discussions will center on how this substantial grant can improve educational opportunities and facilitate more affordable energy solutions in Belize.

Fun fact: Alice Albright is the daughter of Madeline Albright, who famously said, "There is a special place in hell for women who don't help other women."

Meals can be pre ordered and paid for at the cafe after school or before 7:50 in the morning.

Each class will also have access to a preorder form, which will be given to the class

Month of Aug-Sep

COMPELLED BY MERCY

By: Brinyce Richardson

president or vice president.



**17** 

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

26

CHICKEN FINGERS WITH FRIES 27

OVEN BAKE CHICKEN, FLOUR TORTILLA AND BEANS 28

SPLIT PEAS WITH STEW BEEF /CHICKEN 29

POTATOES
WITH BAKE
CHICKEN
AND GREEN
SALAD

30

SPICY WINGS

2

CHICKEN QUESADILLA 3

SPAGHETTI WITH MEAT SAUCE 4

RICE AND BEANS STEW TURKEY OR CHICKEN 8

BBQ ON THE GRILL 6

SHAKE AND BAKE CHICKEN WITH MAC AND CHEESE

9

BURGER WITH FRIES 10

CHICKEN

11

FRY CHICKEN WITH FRY RICE 12

CHICKEN FAJITAS 13

MASH POTATOE BAKE PORK/CHICKEN

16

POTATOES WITH SHAKE AND BAKE 17

SWEET AND SOUR CHICKEN WITH RICE 18

WINGS WITH FRIES 19

STEW BEANS WHITE RICE WITH BAKE CHICKEN 20

BAKE CHICKEN WITH BAKE POTATOES





## PASSION PROJECT

#### BY JANAE HANSON & KENISHA PALACIO

The SCA Passion Project is an interactive program that inspires students to explore personal interests, learn new hobbies, and solve real-world problems. Students can complete the passion project over a 1 to 3-year course. If the first year is completed, students earn a pin and certificate. Students who complete all three years get rewarded with a red cord at graduation. The Passion Project leads students on a journey of growth and offers them a unique opportunity to make an impact in their community or school board.



"After completing my passion project, I felt a sense of pride In knowing I added a new language, American Sign Language, into important skills I know. This affected my sense of responsibility towards the hearing-impaired community and allowed me to learn words considered disrespectful and their everyday struggles in daily tasks due to the world being not so accessible."

- Kimaya Charley



Crocheting by Sara Safa



## Club Showcase

By Rebecca Stethem



### **RED CROSS**



The Red Cross is a nonprofit organization that helps people affected by conflict. It provides first aid classes at its headquarters, where you can become certified. Our Red Cross Club aims to help others and educate our fellow classmates about how to help others.

## Chamaioning Mercy Values!



### **NEWSLETTER**

Do you like to write and share information with others? The Newsletter Club provides students with the opportunity to show their writing skills and creativity by writing articles about school events and activities.

### **WAVE MAKERS**

- If you like the ocean and would like to make a change in your community, then Wave Makers is the club for you! The club promotes environmental awareness and participates in beach clean-ups and campaigns to inspire others to make a
- positive change for our planet.
  Our very own Oceana will be hosting a Meeting on October 5,

2024, at SCA.

### **STEEL PAN**

- Ms. Franklin, our very own music teacher, is the moderator of the Steel Pan Band,
- "Unplugged." They perform at events and practice regularly to
- improve their musical abilities.

### **INTERACT CLUB**

"Action today impacts tomorrow." On August 31st, 2024, our very own Interact Club went to Wesley Lower School to help build a playground for the children. This club aims to make a positive impact in the community through projects and fundraising events. Participating in this club develops leadership and communication skills.



**19** 



## Showcase

By Lissany Castillo





Like to debate with others? Well SCA has a Debate Club. Debate club members have the opportunity to develop critical thinking skills, public speaking abilities, and the confidence to express their opinions effectively. Members take part in organized discussions on a variety of topics and participate in competitions to develop their skills more

thoroughly.

#### **MATH CLUB**

In the Math club you get to express your love for math and be apart of a group where you can show your talent and your love for the subject. You can solve simple math problems to questions that are challenging but, will be fun to complete. You also get to participate in Math Week where everything is just about Math!

### **CHEERLEADING**

If you would like to show some school spirit and support all the teams at SCA this will be the club for you! In the cheerleading club you can cheer for all the sporting teams during the sports season. Cheer your heart out and rep the blue and gold!

#### **CAMPUS MINISTRY**

Campus Ministry members have the chance to participate in retreats, prayer groups, and volunteer projects that promote compassion and connection among students. This club allows students a space to explore and deepen their faith, engage in service opportunities, and build a sense of community through spiritual growth.

#### **POETRY CLUB**

This is the club for you if you enjoy writing! You can express all your thoughts and feelings in a simple poem.
Write about how you feel, make it rhyme and also, make an impact depending on what you write about!



## Club Showcase

By Rebecca Stethem and Lissany Castillo

### **ROBOTICS CLUB**

Our SCA has its very own Robotics Club. If you like to code, build, design and are thinking about being a Computer Programming Major, then this may just be the club for you. When joining this club you can develop leadership and teamwork skills.

### **JESUS FRIDAY**

Jesus friday shares many spirtual tips and verses.
Students can join Jesus Friday to connect with others who would like to share beliefs and strengthen their spiritual journey.

#### **YEARBOOK**

The Yearbook Club is responsible for taking pictures, planning layouts and cropping photos. The goal of being in the Yearbook Club is to make an excellent yearbook for all to enjoy and to see lots of memories from the school year.

#### **SPORTS CLUB**

As many of you know our school has many sports teams such as Table Tennis, Football, Basketball, Softball, and our very well known Volleyball Team.

These teams have performed their best and have brought back many trophies to show their dedication and hard work.



## **BIRD WATCHING**

Bird watching is one of the many clubs our school has. This club is perfect for those who love nature and are interested in learning about the many beautiful birds our Belize has. When bird watching, you may even spot a Soaring Sea Hawk!





na à a a LOCATED IN: 066666 WASHINGTON D.C

WHAT IS IT?

MOAS is a stimulation exercise where through role playing students represent the diplomats and political officials of the Member States of the OAS and follow parliamentary proceedings to debate and approve resolutions dealing with current issues on the Inter-American agenda.



At the MOAS you represent one of the many countries in the Americas. This year, the country of El Salvador, which means that during the debate, we will consider the current state, laws, and circumstances of El Salvador.

## WHO IS GOING?

- GENERAL COMMITTEE:

SCA will be representing

the country of Cou FRANESHA STAINE

- JURIDI CAL AND POLITICAL AFFAIRS COMMITTEE: HEAD DELEGATE: NATALIA FERRERA, ALTERNATE DELEGATE: LEAH CODD

- HEMISPHERIC COMMITTEE:

HEAD DELEGATE: ISABELLA WALDMAN, ALTERNATE DELEGATE: GIADA CRESPO



## **UNITED BY MERCY**

Starting on a positive note, an inspiring Mass was led by Father Jeremy Zipple, SJ. It united us, Mercy girls, in faith and reflection as we began a new school year. The first Mass on August 29, 2024, refreshed our minds in preparation to work hard and achieve our goals. The Mass allowed us to invite the Holy Spirit to be by our side at every step as we ventured through the new school year. It reminded us that we are not alone in our journey but are united in faith. striving to make this year a success.

## **SATURDAY MASS**

Every first Saturday of the month, a mass led by SCA students is held. It is a time to pray for everyone, reflect on ourselves and to seek guidance in God. Participating at the masses at our school is significant because it strengthens our Catholic faith which SCA promotes. As mercy girls we should dedicate a small fraction of our time once a month to support our school's services. Let's make it a habit!

BY BRIANA CUELLAR MAHLIA WADE

## **SATURDAY MASS**



Holy Redeemer Cathedral



6:00 PM



# BIG SISTERS! ONO LITTLE SISTERS









At Saint Catherine Academy, the Big Sister Little Sister program is a cherished tradition that forges lifelong bonds. Seniors adopt the role of being big sisters to first-year and transfer students by taking them under their wing and guiding them through school life while sharing the joy of the SCA community. More than just mentors, Biq Sisters are role models who lead with compassion and mercy, creating unforgettable memories during their final year at SCA with their little sisters. Whether it's sharing laughs, offering advice, or simply being there for one another, this unique sisterhood is about lifting each other up, spreading Mercy values, and forming connections far beyond the school year.













## SERVING THE COMMUNITY







## COMMUNITY SERVICE

At SCA, students who are members of the National Honor Society (NHS) must do 5 hours of community service. Additionally, throughout the school year, each student attends work service, where they spend their day at an assigned location giving service. Acts of service can also be seen on our beautiful SCA campus and in many clubs that dedicate their time to making a change for others.





## CORE VALUES

As young women under this institution, our hearts and minds have been shaped into being active helpers in our communities. The mercy core value of being compelled by mercy is a considerable part of our SCA culture. At SCA, we commit to stepping out of our comfort zones and offer up our spare time to provide comfort and assistance to the underprivileged.





## THE DRIVE

This annual Back to School Drive was held on August 31st and September 1st on Fabers Road. This drive aims to continue equipping 250-300+ students with school bags, school supplies, uniforms, well-groomed hair, and dental care at the beginning of every school year.



The mercy girls who volunteered at the drive were Jaslynn Liu and Maleah Bladen.

Our dedicated volunteers offered their time and assistance towards this event. The event also featured games where the children could win prizes generously distributed by Jaslynn, who also aided in the registration process. Maleah was stationed at the braiding tent, where she offered assistance with hair products and guidance to the waiting children. Lastly, Jaslynn also took the initiative to serve food to some volunteers.

Their compassion fostered a comfortable environment, adding to the function's success.







Written by Zalia Flowers & Zazil Marin

After many months of preparation, Ms. Fiona Hsu is pleased to announce her final Art Exhibition under the theme "Beyond Imagination." The exhibition will be available from September 24th to September 27th. This event will showcase many years of artistic talent, including paintings of all media, drawings, and more. A lot of sweat and hard work have gone into these artworks as well as into this event. All are invited, and we ensure that you will leave impressed.

As a student of Ms. Fiona's for almost six years, I am proud to see my artwork and the artworks of my friends on display to all of Belize. Many years of dedication have led us to this, dedication of artists before us as well. My fellow artists and Ms. Fiona hope to inspire others to pursue their passion just as we do each day. Please come out and support; all are welcome.



## Williagged Steel Pan Band



## SCA STEEL PAN

DONE BY: ARIAH BRANNON AND ASHLEY RAMIREZ

Being in the SCA "Unplugged" Steel Pan band has been one of my highlights as I attend SCA. This year was SCA's first time being a part of "Panyaad," and to be in the first group to do so is a privilege. As a bandleader, I have been a part of "Panyaad" for ten years. As a result, "Unplugged" has allowed me to share my creative side and personal experience with the band. We are confident, as we have worked continuously all summer. We are excited, as our production will go down in history. Doing this has not only improved our music skills but has also brought us closer as a band. I am excited for "Panyaad" to show everyone what we have been working on. - Karishma Locke

## **ABOUT PANYAAD 2024**

steel pan band will be attending "Panyaad". They will be performing two songs as well as a collaboration with steel orchestra "Pantempters"



"Unplugged" at the Youth Innovation Summit, playing the National Anthem

## MEMBERS

Karishma Locke
Kaley Geban
Akeelah Tillet
Leah Zaldivar
Maleah Bladen
Roxel Encalada
Aliana Salazar

Mrs. Hiroko 🏅

PBELIZE CITY HOUSE OF CULTURE

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## JP KEXT

SEPT 17: First and second forms parade practice
SEPT 18: Third and fourth forms parade practice
SEPT 19: Whole school parade practice

DISMISSAL AT 4:00 PM ON PRACTICE DAYS

**SEPT 21:** Uniform Parade (all forms) All students from Belize City who are physically able.

SEPT 24: Mercy Day

- Non-Teaching Day

(Mass and

**Community Service)** 

**SEPT 27:** 

Freshmen's

Program and

Honor's Assembly







## **OCEANA**

Wavemaker Annual General Meeting

## SAVE THE DATE

OCTOBER 5, 2024 AT 9:00 A.M.

ST. CATHERINE'S ACADEMY MERCY CENTER, BELIZE CITY

**REGISTER NOW!** 



# SCA OVENSLETTER A MERCY CENTER OF EXCELLENCE & INNOVATION



## SAINT CATHERINE ACADEMY 2024

