

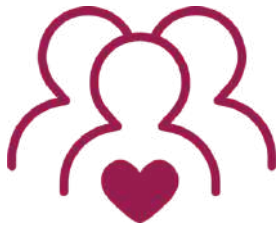


# INSPIRED MOMENTS

## CHAMPIONING MERCY VALUES



Compelled By Mercy



A Voice For Dignity  
and Respect



Principled Leadership



Inspired by Faith



Educational Courage



# SCA NEWSLETTER

A MERCY CENTER OF EXCELLENCE &  
INNOVATION



*“Believe in Belize and your place in it!” -Zee Edgell*

*S.C.A. Alum, First Belizean Novelist, SCA Faculty Member  
she ran and edited an SCA Monthly Newsletter while on staff*



# MERCY ALIVE!

## MIND, BODY AND SPIRIT



*Mercy Girls are encouraged to take advantage of the available opportunities and facilities to develop positive habits, embody mercy values, and feed their curiosity. Below is a snapshot of our amenities and services:*

- 2 Dedicated Science Labs

Reginald Rodriguez Lab and Jude Lizama Lab

- Information and Communication Technology Labs
- 21 Classrooms with a view of the Caribbean Sea
- Cafe & Snack Shop - serving two meals a day in reusable/recyclable materials, gazebo eating area
- Curriculum integrated with project-based - learning
- Student-Driven Passion Project Initiatives
- Outdoor field and Indoor sports hall
- Diverse Student Leadership Opportunities
- Shaded outdoor areas
- Diverse extracurricular options, including swimming!
- Indoor Multipurpose Hall
- Library, Bookstore, Music Hall \*steel pan
- Chapel, Monthly mass, Confessions
- Community Service & Retreats

*\*COMING in August 2024*

Robotics Lab, Research Grounded Debate activities.



Compelled By Mercy



A Voice For Dignity  
and Respect



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# MERCY ALIVE!







Compelled By Mercy



A Voice For Dignity  
and Respect



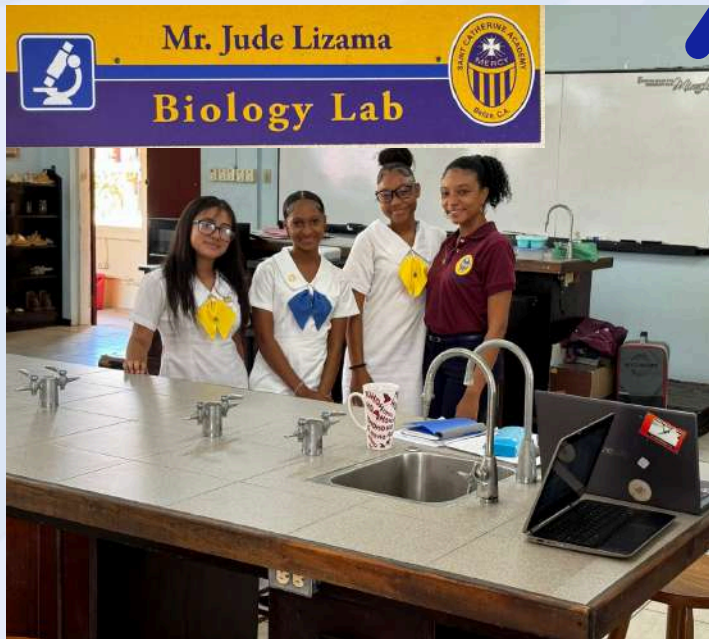
Principled Leadership



Inspired by Faith



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# MISERICORDIA VIVERE





# Become a Verified SCA Online Ambassador!



**Are you passionate about using social media to connect with like-minded individuals and showcase your talents and skills? Are you a SCA student willing to use your popularity to promote community service projects, leadership activities, and other school-related activities? Then we have the perfect opportunity for you!**

We are excited to announce the Verified Student SCA Online Ambassador program. This unique opportunity allows you to promote school projects and activities on social media and receive credit on your final transcripts. As a Verified SCA Online Ambassador, you can use your social media skills to make a difference in the world and gain valuable experience that can help you in your future career.

As an ambassador, you will be responsible for:

- promoting school events and activities,
- sharing your passion for community service and
- showcasing your leadership skills.
- connecting with other students around the world who share your interests,
- collaborating on projects that make a positive impact in our community.



A Voice For Dignity  
and Respect

Becoming a Verified SCA Online Ambassador will enhance your resume and life skills, make a real difference in the world, and inspire others to do the same.

So what are you waiting for?

Join our program today and become a part of something extraordinary! Kindly sign up with V.P. Mrs. Marin



# SEARCH RETREAT

By Kalaya Molina



A Voice For Dignity  
and Respect



Search Family  
Of 2024

## Mercy Girls

### Search Leader

*"Search was the most impactful experience of my four years at SCA and possibly my adolescent life. Although it only lasted one short weekend, the community and bonds formed will be cherished for a lifetime." - Sapphire Jenkins*

### Searcher

*"Search is a core memory that I will hold forever. The friendships made, and sisterhood formed is a feeling unmatched." -Khloe Rodriguez*

Search is a yearly retreat that 3rd formers and **Search** leaders participate in. Search typically refers to a spiritual retreat that focuses on self-discovery, in-depth reflection on life's central themes, and strengthening one's ties to one's faith. Mercy girls who participate in **Search** can form close bonds with one another. Additionally, these retreats promote better self-understanding and empathy, leading to more harmonious interactions with others.

As many mercy girls have underscored, Search genuinely changes lives. It is something that everyone should get the opportunity to experience. Not only do you grow as a person, but you grow to understand others. For many searchers, connecting with people they never would have thought to be friends is a significant component of Search. Attending a search retreat has the potential to yield enduring friendships.

**"Remember to have an attitude of gratitude" -Mrs. Correa**



## 2024 Search Leaders





# Business Expo 2024

## Financial Literacy @SCA

Educational Courage



SCA's Business Expo was a successful event. The students of 3B were challenged to create a business and sell items to earn money. There was a wide variety of food, skin care products, accessories, and more. St. John's College and Edward P. Yorke High School students were invited to indulge in delicious treats and support their stalls at the business expo. Our aspiring entrepreneurs did a fantastic job promoting their businesses.



By: Akasha Molina





# *Talents on Display*

*Delectable delights!*



Educational Courage



## *Business Expo 2024*

*Written by Zalia Flowers*

Saint Catherine's Academy Annual Business Expo showcased many talents shown by our entrepreneurs. Food and Beverages were most prominent, including savory delicacies, pastries, and even drinks. The entrepreneurs allowed us to dip into different cultures with tacos, nachos, garnaches, and much more. This expo, primarily the food aspect, has shown us that our Mercy Girls are talented in their academics and hobbies. Our Mercy Girls have a great future in the Culinary Arts and as entrepreneurs.







*candid shots by Ms. Lin during the 2024 Business Expo*







# BELIZE ZOO AND TROPICAL EDUCATION CENTRE COMPETITIONS

By Zazil Marin

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## TAPIR 3D MODEL CONTEST

Primary and Secondary School students ages 11-16 are invited to create a 3D model of a Central American Tapir Using Recycled Materials!

- Create a 3D model of the Central American Tapir using recycled materials. Models can be any visible size.
- Document your process by compiling clips to create a short video tutorial showing us the materials you used, your thought process and inspiration and the steps you took to make your art piece. You can use any app to create your video, just ensure that your video can be shared through a link.
- Submit your entry to [outreach@belizezoo.org](mailto:outreach@belizezoo.org)
- Provide a brief introduction of yourself including your name, age, district, and school. Also include your parent/guardian's contact number.
- Attach a clear image of your final product and share your tutorial video through a link.

Enter for a chance to win:



Free admission, guided tour, and lunch for up to 4 persons at The Belize Zoo



Free admission for 2 and Tapir themed gift basket

After submission, we will send you a permission slip for your parent/guardian to authorise us to share your video on our social media platforms. Your entry will be viewed by Belize Zoo judges. Winners will be contacted through parent/guardian's phone number. Winning entries will be invited to showcase their pieces at the World Tapir Day event at the Zoo on April 27th, 2024.

**Submission deadline: April 18th, 2024**

Our Mercy girls competed in the poetry competition and the 3D model competition. They brought back first and second place, respectively; great job, Mercy girls!



Educational Courage

This year, the Belize Zoo and Tropical Education Centre recently hosted multiple competitions open to individuals ages 12-18 nationwide. These fun events were focused on Belize's national animal: the tapir.

## POETRY CONTEST

Write your best poem about Belize's national animal!

- The contest is open to persons ages 12 to 18 years old.
- The topic of your poem must be centered around tapirs; specifically the species found in our region: the Central American Tapir (*Tapirus bairdii*).
- You can explore themes such as the endangered tapir, its role and importance in the ecosystem, its physical characteristics and adaptations, conservation of the tapir etc.
- Poems must have a title and no more than 20 lines.
- Open to any form of poetry. Poems should be original and unpublished (including online).

**1ST PLACE WINNER: FREE ADMISSION AND 3 ANIMAL EXPERIENCES FOR UP TO 4 PERSONS AT THE BELIZE ZOO**

**2ND PLACE WINNER: TAPIR THEMED GIFT BASKET**

Winners will be announced on April 22nd on our Facebook page. Winners will also have the chance to recite their poems at the World Tapir Day Event on April 27th at the Zoo.

Submit entries to [outreach@belizezoo.org](mailto:outreach@belizezoo.org).  
Include your: Name, School, Class/level, Age

**Submission deadline: April 18th, 2024**





# POETRY CONTEST 1ST PLACE WINNER

## ECHOES OF A TAPIR'S CALL

The national animal of Belize,  
Yes, that's me!  
I live in Belize's forests, rowdy and free!

Our nation's symbol,  
I stand buff and tall,  
majestic and noble,  
beloved by all.

In jungles deep, my home and lair  
Belize's pride, beyond compare,  
but dangers lurk, as trees fall down,  
habitats lost, my kingdom's crown.

Belizeans, hear my urgent plea;  
guard our forests and protect each  
tree.

For in their shade, my future lies,  
preserve our realm beneath the sky.

Zazil Marin - 2LP



A Voice For Dignity  
and Respect



NATIONAL POEM COMPETITION: 1ST PLACE

Written by Zalia Flowers

Our very own Zazil Marin from the class of 2LP competed in the poetry contest and emerged victorious. She claimed the 1st Place Prize, making her family and Saint Catherine's Academy proud. Zazil expressed that her motivation to write this poem stemmed from her concern for the rapid extinction rates our national animal faces. Using her writing as a platform for advocacy, she aimed to raise awareness about habitat destruction caused by deforestation and pollution, particularly in Belize. On April 27th, 2024, World Tapir Day, Zazil was invited to the Belize Zoo to present her poem to one of the beloved tapirs, Sparks.

"Always do your best!"

- V.P. Of Student Affairs Mrs. A. Marin







# TAPIR 3D MODEL COMPETITION SECOND PLACE WINNERS

By Zazil Marin



We are very proud to announce that our Mercy girls—Divya Udasi, Avannie Betancourt, and Amy Chen from the class of 1RR—competed and brought home second place in the Tapir 3D model contest.

They skillfully crafted a tapir from recyclable materials such as paper, aluminum cans, receipts, and plastic bags, demonstrating how resourceful our SCA students are. In only one English class, these girls brought their model to life! The three of them attended the zoo's celebrations in honor of World Tapir Day, held on April 27, 2024, and presented their model—Tappy the Tapir.







Principled Leadership

# EARTH DAY 2024

## ONE MAHOGANY TREE AT A TIME



### Planting Mahogany Trees

Mercy girls are all about the earth!

Keeping our environment clean and alive is a major priority. At SCA, we take Earth Day very seriously. Earth Day is a special day; every year, on the 22nd of April, we get the opportunity to celebrate this day by promoting environmental cleanliness and more. Earth Day may occur once a year, but with your determination, we can care for our beloved home daily.

"Love the earth as you would love yourself."  
John Denver



Mercy girls from Crooked  
Tree and our principal Mrs Tillet!



To kick off Earth Day 2024, Mercy Girls planted 25 mahogany trees all over the country. This was an amazing opportunity for the girls to connect with and take part in preserving their surroundings. Planting any kind of tree is crucial for every environment; trees produce the oxygen that we breathe, the medicine that we need, and the fruits that we love. They also serve as habitats for most wildlife. If you are given the chance to plant a tree, take it.



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By: Akasha Molina

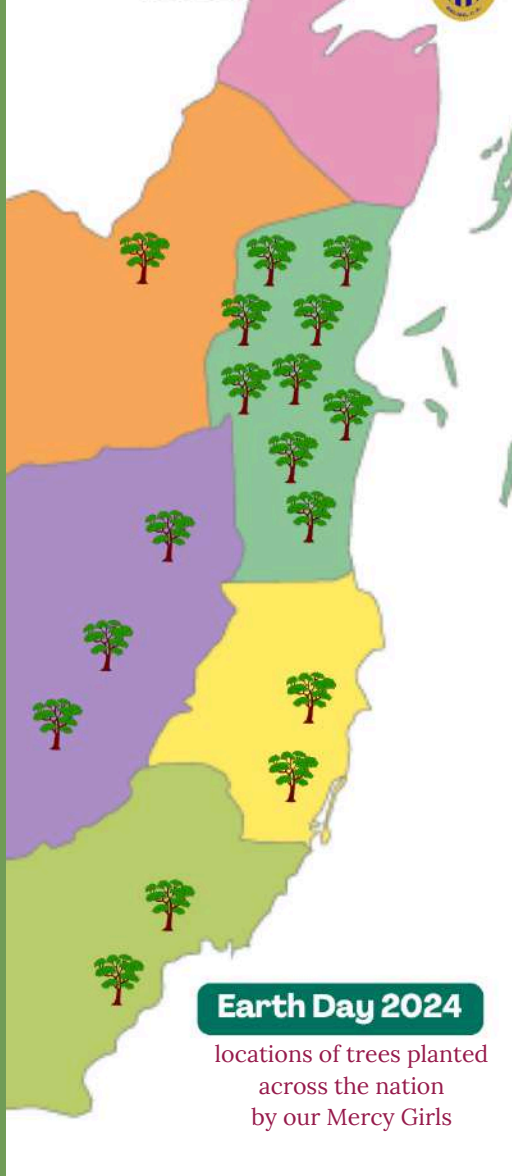




# THE MAHOGANY TREE



## SCA's Mahogany Trees



BELZE'S INDEPENDENCE

## The Importance of Our National Tree

WRITTEN BY AKASHA MOLINA  
AND KYANNA GARAY



A Voice For Dignity  
and Respect

The Mahogany tree is our national tree. This tree stands tall and can grow to about 200ft tall. The Mahogany tree is represented on our flag. In addition to being a symbol of our identity, it also serves as food for animals, and its fallen leaves enrich the soil. The wood of this tree is strong and is used to create furniture. The Mahogany tree has great historical significance because, in the middle of the 17th century, British settlers exploited Belizean forests for it; it then became an essential for the community. Mahogany became popular and was even used in the United Kingdom and in the United States.

The Mahogany tree is fundamental to the identity of Belizeans in that it is in the coat of armor for our country, the motto "Sub Umbra Floreo," which means "Under the shade (of the Mahogany tree) I flourish." This shows that the Mahogany tree is not only for natural uses, but it is also shown as our stability and shelter, and it shows the wealth of our country's furniture industry. Belize gained its independence in 1981, and we as a country have been independent for 42 years. As of September 21, 2024, our country will be 43 years old.







Educational Courage

# Exploring the Depths



## Fun fact

"BLUE HOLE" TYPICALLY REFERS TO A TYPE OF UNDERWATER SINKHOLE OR CAVERN, OFTEN FOUND IN COASTAL LIMESTONE OR CORAL REEF AREAS.

## A DIVE INTO OCEAN EDUCATION

WRITTEN BY LEAH CODD

The vast and mysterious ocean holds within its depths a world teeming with life and wonder. As we continue to uncover its secrets, it becomes increasingly evident that understanding and protecting our oceans are paramount to the health of our planet. In recent years, educational initiatives focusing on oceanography and marine conservation have gained traction, empowering individuals with knowledge and fostering a sense of responsibility towards our aquatic ecosystems. Last week, our first-year students had the opportunity to learn about the importance of the ocean and marine life in their Saltwater Classrooms. They also conducted seawater sampling, collected water samples near the sea wall, and tested their temperature, salinity, and pH levels. They brainstormed ideas on ways to keep the water around us clean. Overall, the Saltwater Classroom did an outstanding job of being engaging and fun while teaching valuable lessons about our Earth.



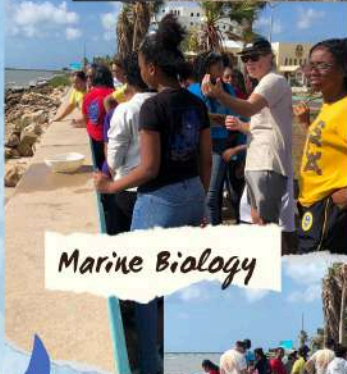


Ocean

Plastic reduction



Marine life



Marine Biology

Saltwater  
at SCA



Sea Water



Fresh Water



Species

Aquatic







On April 25th, 2024, the Ministry of Education, Culture, Science, and Technology (MoECST) and UNICEF hosted the Girls in ICT Day event, celebrating the achievements of young women in Information and Communication Technology (ICT). Saint Catherine Academy (SCA) proudly participated in this event, sending four representatives who showcased their skills and talents.

ICT, or Information and Communication Technology, encompasses various technologies used to communicate, create, store, and manage information. It plays a crucial role in today's digital world, shaping how we live, work, and interact with each other.

Girls in ICT Day is celebrated globally to encourage more young women to consider careers in ICT and to bridge the gender gap in the technology sector. Despite the increasing importance of technology in our lives, women remain underrepresented in ICT-related fields. Events like Girls in ICT Day aim to inspire and empower girls to pursue education and careers in technology, helping to create a more diverse and inclusive workforce.



*"God gives you only what you can bear." - Mrs. M. Domingo*



# GIRLS IN ICT DAY 2024

## Celebrating Female Excellence in Technology



SCA's participation in Girls in ICT Day reflects the Mercy value of principled leadership, empowering students to lead by example and positively impact their communities. By encouraging girls to pursue careers in ICT, SCA is nurturing future leaders who will contribute to the advancement of technology and the well-being of society.

Overall, Girls in ICT Day 2024 was a resounding success, showcasing the talent and potential of young women in Belize's tech industry. Events like these play a crucial role in encouraging more girls to pursue careers in STEM fields, paving the way for a more inclusive and diverse tech sector in the future.



***"The power of a computer lies within the imagination of the girl programming it." - Ms. D. Grant***



**Winning participants with CEO Dian Maheia (SCA Class of '87) and Director Namrita Balani**

Apart from the competition, another group of girls from SCA was invited to an event at Princess Ramada by the E-Governance and Digitalization Department at the Ministry of Public Utilities, Energy, Logistics, and E-Governance.

Here, they had the opportunity to meet a panel of remarkable women in STEM (Science, Technology, Engineering, and Mathematics) and learn from their experiences. They were also mentored by exemplary women in the tech industry and participated in launching Belize's Tech Titans comic book, inspiring the next generation of female tech leaders.



## What is *Autism*?

*Written by Aarushi Harjani*

Autism, also known as Autism Spectrum Disorder (ASD) is a developmental disability.

It may have an impact how individuals learn, move, and focus. People with ASD also often experience different outcomes on how they communicate, interact socially, and behave.

**Autism may typically show symptoms in children around the ages of 2 to 3 years old. However, it's important to know that adults can also be diagnosed with Autism.**

A Voice For Dignity  
and Respect



**Autism Walk 2024!**



### AWARENESS

Spreading awareness on Autism is important because we can recognize its signs and offer our support to those with Autism. It can also help the people who are on this spectrum know that they are special and valuable, just like everyone else.

**Sharing positive information, participating in fundraising events and taking time to learn about *Autism* can all benefit into building a more understanding and protective environment for people with ASD.**







## ***SCA wins IT Package from Fultec Systems Limited***



A Voice For Dignity  
and Respect



***By Vanina Staine and Christina Ross***

Our banner features the top four most widely spoken languages: English, Spanish, Hindi, and Chinese. This serves as a clear indication that autism is present worldwide. Equally important, our banner conveys a powerful message: "Awareness means you know I'm here. Acceptance means you're happy to see me." While it is crucial to know about autism, accepting and embracing individuals with autism has a far-reaching impact on society and how autism is perceived.

Additionally, the child holding the autism flag symbolizes that autism can affect individuals of all ages. It highlights the fact that people of all ages can show support for those with autism. Upon closer inspection, notice that the child is wearing a T-shirt with a lightbulb.

This lightbulb is constructed of puzzle pieces in the main autism colors. The lightbulb serves as a symbol, representing the unique knowledge and strengths possessed by individuals with autism, as well as their skills to understand their own strengths and challenges. The puzzle pieces symbolize their problem-solving abilities and the rare nature of the autism spectrum. Lastly, the handprints on the banner signify that autism does not hinder our ability to come together as a community.

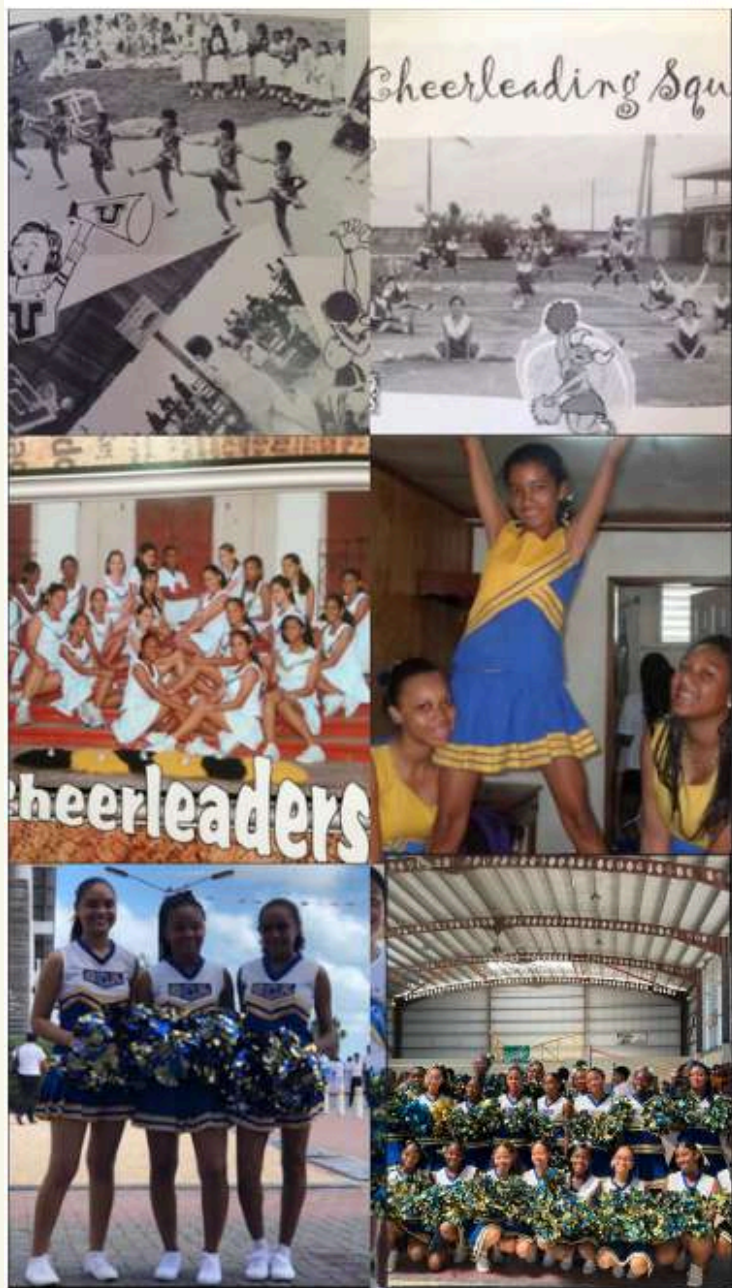




# ENHANCING DIGNITY AND RESPECT WITH THE BLUE, GOLD AND YELLOW SPIRIT



Since 1984



2024 Cheerleading Squad

Saint Catherine Academy was the first school in Belize to form a cheerleading squad.

Over the years, the cheerleading uniform has changed multiple times.

There are 35 cheerleaders in total.

The current cheer moderator is Ms. Locke.

The cheerleader, Captain Kiara Young, a business major, is in class 3B.

Two co-captains, Paris and Megan, both fourth-formers.

Cheerleaders attend every sports event and national. Tournaments.

There are cheerleaders of all forms. Cheerleaders Practice at least twice a week and two weeks during the summer.

Benefits of cheerleading are raising school spirit, determination to do everything to the best of your ability, maintain physical health, and build fun friendships.

A Voice For Dignity  
and Respect



## REQUIREMENTS:

GPA of 3.10

No more than 3 demerits

Respectable

A loud voice or some volume

You must attend every game





# Fundraising With Mercy : October/ June Fest

Written By: Destiny Young



## Past Fundraising flyers

Saint Catherine's Cheerleading Squad annually hosts fundraising events to raise funds for travel expenses, food, and accommodations( for sports nationals)

Investing in new cheerleading equipment( uniforms, Poms etc.)



Ashley Lightburn

**Fun Fact: Past Miss Belize  
Ms. Ashley Lightburn  
Class of 2013  
and Current Miss Universe Belize,  
Mrs. Halima Hoy,  
Class of 2012  
were a part of Saint Catherine's  
cheerleading team.**



Halima Munoz Hoy







# Class of 2024



Educational Courage



## MERCY GIRLS MARK THEIR FINAL DAYS WITH STYLE AND GRACE!

Written by: Markay Cardenez (Senior)

The end of the school year is always a bittersweet time for seniors at Saint Catherine Academy. We are filled with a whirlwind of emotions as we leave behind the campus that has been our home for the past four years. We remember the camaraderie we forged, the lessons we learned, and the memories we made.

This year, the seniors marked their final days with a special tradition. On April 22nd and 23rd, we dressed in our finest uniform and gathered for a momentous photo shoot. This photo would be included in our graduating yearbook and their graduation invitations. As we posed for the camera, we couldn't help but feel joy and sadness. We knew this was a moment we would cherish forever, a reminder of our special bond with our classmates.



**WHEN THE SENIORS FROM CLASS 4A WERE ASKED HOW THEY FELT ABOUT THIS MOMENT, GABRIELLA MUSA STATED, "THESE FOUR YEARS WENT BY TOO FAST!" AND ELLA HEUSNER "I'M NOT READY TO LEAVE JUST YET."**

The photo shoot was just one of many milestones the seniors would experience in the coming weeks. We would attend our final classes, say goodbye to our teachers, and participate in the annual Seniors Program, a beloved tradition of Saint Catherine Academy, where the 1st-3rd forms perform for the graduating class. We'll then attend prom, parents' night, and lastly, the day we'll experience the most emotions as we march upon the stage, move our tassels from the right to the left, and be considered the CLASS OF 2024!







Written by: Markay Cardenez (Senior)



Reflecting on our time at Saint Catherine Academy, we know we have been part of something special. We have grown as students and individuals, and we are ready to take on the world's challenges beyond the school's campus.

As we embarked on this new chapter, we knew that we would always carry with us the memories and lessons we had learned at Saint Catherine Academy. We would forever be part of the school's proud legacy, a testament to the power of education, community, and friendship.

## SENIOR PATHWAYS: MAPPING YOUR NEXT STEPS!

A recent survey at Saint Catherine Academy revealed that the majority of the senior class, comprising 121 out of 128 (94.53%) responses, are set to continue their studies, with a significant portion opting to enroll at SJCJC. This reflects a strong commitment to further education among the student body. Additionally, 2 (1.6%) students have chosen to take a year or more off before pursuing higher education, while 4 students (3.12%) will be balancing work commitments alongside their studies.

Notably, 1 (0.8%) student has decided to enter the workforce full-time. These results showcase the diverse pathways chosen by the seniors of Saint Catherine, highlighting their determination and ambition as they prepare to embark on their post-graduation journeys.



**"We know we are on the right path. Our journey is not finished, but we have come a long way."**

• Muhammadu Buhari







# THEOLOGY OF THE BODY

Written by Zalia Flowers

As teenagers, especially girls, we should acknowledge the Theology of the Body. Theology of the Body allows us to understand that we are made in God's image; we should love ourselves as a gift from God, without insecurity. He created us in his image in hopes that we see ourselves and others as he intended. God wants us to see ourselves and others as loved and cherished people, not with rejection but with acceptance. He wishes that we will be humble enough to accept His grace through others and ourselves. "He destined us in love to be his sons through Jesus Christ...according to his purpose which he outlined in Christ as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth." Eph 1:3-10



Inspired by Faith





# THE ANGELUS



## WHAT IS THE ANGELUS?

Written by Tarahji Rochez



The Angelus is a prayer in which we contemplate the mystery of the Incarnation, the event by which "the Son of God became man." It is a short pause in our day-to-day activities, employing us to build a close relationship with our Lady and the Blessed Trinity.

At Saint Catherine Academy, we pray the Angelus at noon every day. This activity holds significance rooted in tradition and spirituality. In 1456, Pope Calixtus III and Pope Sixtus IV, in 1475, were the first to endow the reading aloud of the Angelus at noon with actual satisfaction. The Angelus is a brief devotion that honors the Annunciation to the Virgin Mary. It serves as a reminder of God's presence in our daily lives and invites believers to pause and reflect on the mystery of the Word made flesh. Noon, being the midpoint of the day, symbolizes a moment of transition and renewal, making it a time for prayer. By praying the Angelus at this hour, individuals seek to sanctify their day, inviting divine grace and guidance into their activities. It also fosters a sense of unity among believers as they join together in this timeless tradition, regardless of geographical location or circumstance.





# SPORTS NEWS

## TRACK AND FIELD



Saint Catherine Academy Track Team left an indelible mark at the CSSSA Regional Track and Field competition on April 19 and 20, 2024. They delivered an exceptional performance, showcasing their tremendous potential on the track and in the field. **Keniyah Flowers**, a standout athlete, claimed first in the 100m, 200m, long jump, and high jump in senior and junior divisions. **Nyasha Harris** electrified the crowd, placing first in 100m and 200m for seniors and second in the long jump for the seniors division. **Imyra Banks** placed third in the long jump, and **Kaley Geban** was second in the high jump. **Nayrelli López** displayed endurance with her impressive fourth place in the 3k and 1500m races. **Emaun Marin's** dynamic performance highlighted her first place in the 400m and triple jump, alongside second place in the 800m. **Aveleen Rodríguez** scored third in javelin and fourth in discus. **Gyzell Aldana** defeated her competition, placing first in the junior division and second for senior in Discus. **Gia Jones's** impressive throw earned her second place in javelin, and **Amelia Coleman** excelled, finishing second place in Shot Put. The girl's achievement tallied with 10 gold medals, 5 silver, and 2 bronze that impelled SCA in a commendable fourth place.



*"You can do it, girls" ~*  
Mr. K. Thompson  
P.E. Teacher, Sports  
Coordinator







In a remarkable display of determination, the first and second-place winners showcased their skills again at the NSSC National Track and Field event hosted by Anglican Cathedral College on April 26 and 26, 2024, held at Marion Jones Sports Complex. The Central winners delivered outstanding performances when competing against winners from the northern, western, and southern regions. **Kenyah Flowers** made a triumphant return with first-place finishes in the 100m, 200m, 4x100 relay, and high jump across junior and senior divisions. **Emaun Marin**'s exceptional performance earned him first place in triple jump, second in 400m, third in 800m, and the 4x4 race. **Amelia Coleman** showcased her talent with a strong showing in the 100m and a first-place finish in the 4x100 relay. **Kaley Geban** secured second place in the high jump, while **Imyra Banks** contributed to the team's success with a first-place finish in the 4x100 relay race. **Nyasha Harris** excelled in the seniors division with first-place finishes in the 100m, long jump, and 4x100 relay, along with a second-place finish in the 200m. Their outstanding performances, hard work, and talent have set a high standard for future competitions. The girls continue to strive for excellence in their practice sessions, motivated by their coach, Mr. Evans, moderator, Mr. Thompson, Captain Nyasha Harris, and Co-Captain Kenyah Flowers.

## SEASON

## HIGHLIGHT



Principled Leadership

Meet **Nyasha Harris**, a sixteen-year-old senior and track and field team captain whose passion for the sport has spanned eight years. At SCA, she showcased her talent in running and long jumping, becoming an unstoppable force on the track and inspiring her teammates with an impressive collection of ten medals. Nyasha's achievements speak volumes about her dedication and talent. As she sets her sights on Olympic aspirations while pursuing studies in business, we anticipate her continued success on the track and in life.

Best wishes to Nyasha as she embarks on her journey to conquer her dreams and claim championships.

*Done by Brinyce Richardson*





# SOFT



Principled Leadership



# BALL



## TEAM OF 2024

Anaya Aranda  
Julissa Ayala  
Shelia Ayala  
Lynn Briceno  
Maayah Crawford  
Jazleen Evans  
Kenyah Flowers  
Maliyah Garcia  
Lashe Gentle  
Kate Hernandez  
Amelia Leiva  
Imani Middleton  
Angelina Rivero  
Mia Romero  
Kirsha Smith  
Kylah Stephenson  
Keosha Thompson



In 2024, Saint Catherine Academy came in 4th Overall, for the softball season

With the score of 22-17 at finals against Wesley High school.

Coach: Mr. Deon Sutherland  
Assistant Coach: Mr. Tyrone Wade  
Coordinator: Mr. Kevin Thompson

Captain: Imani Middleton  
Pitcher: Mia Romero  
Catcher: Imani Middleton

**By: Brianne Williams**

**28**



# DigiWallet

## UNDERSTANDING E-MONEY

### HOW DO SCA STUDENTS USE DIGI WALLET?

Students of Saint Catherine Academy have the Digi Wallet QR code at the back of their IDs. The students take their ID to the cafeteria where it is scanned and the amount of money used to purchase an item is then deducted from their Digi Wallet account. Students can put money into their accounts at home or bring the money to do so at school.

### WHAT IS DIGI WALLET?

**Digi Wallet is a safe and easy to use mobile wallet solution that allows students to purchase items on campus in a secure manner!**



Principled Leadership

**By Kalaya Molina and  
Aarushi Harjani**





# JOIN THE SCA DEBATE TEAM!

30



## Why learn to debate? What are the criteria for participation?

- Communication skills
- A healthy exchange of ideas with peers from the Hemisphere
- Debate rules
- Art of negotiation
- Confidence
- Networking
- Leadership
- Decision-making process
- Presentation skills
- Writing skills
- Procedural structure
- Diplomatic skills



Principled Leadership

The Model OAS General Assembly (MOAS) is a simulation exercise of the proceedings of the OAS Permanent Council and of the annual regular sessions of the General Assembly of the OAS.

During the MOAS students engage in general debate, lobbying, caucusing and negotiation, and participate in working groups.

SCA will be representing one of the OAS Member States.







**Megan with her aunt  
Hon. Dolores Balderamos -  
Garcia**

# MEGAN MARTINEZ ENGINEERING TRAILBLAZER



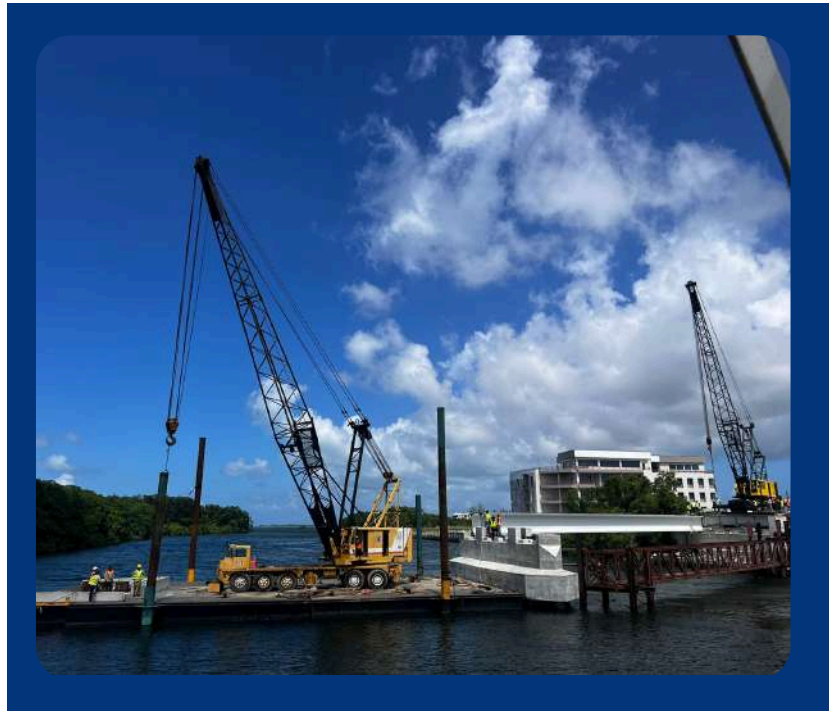
## SCA ALUMNI



Hey girls, are you interested in designing, creating, and building things? Do you like to solve problems and think outside the box? From designing roller coasters to building bridges, engineering offers an endless array of exciting and fulfilling career opportunities. And the best part? You can make a real difference in the world by using your skills to create innovative solutions to real-world problems. So, don't be afraid to explore engineering and all the amazing things you can accomplish with it. Who knows? You might just be the next great engineering trailblazer! Congrats on all your work, Megan!



SCA Alumni: General Manager  
(Avelyna Matus), Office manager (Lohany Fuentes),  
and executive director assistant (Tessa Matus)



Quality Control Manager, Megan, with  
Belize's Chief Engineer, Mr. Moody, His  
Worship Bernard Wagner: Mayor of  
Belize City, Prime Minister of Belize, Hon.  
John Briceno, Roque Matus, and  
engineers of M&M Engineering



Photos showing the Haulover Bridge  
during the building process







# WHAT'S NEXT?



## 7 Things Every Child Needs to Hear

1. I love you
2. I'm proud of you
3. I'm sorry
4. I forgive you
5. I'm listening
6. This is your responsibility
7. You've got what it takes



**Reminder:** Zero-tolerance to bullying

### Reminders:

- Use social media responsibly
- Take care of the earth
- Be kind and of service to others
- Be respectful
- Exercise and eat healthy

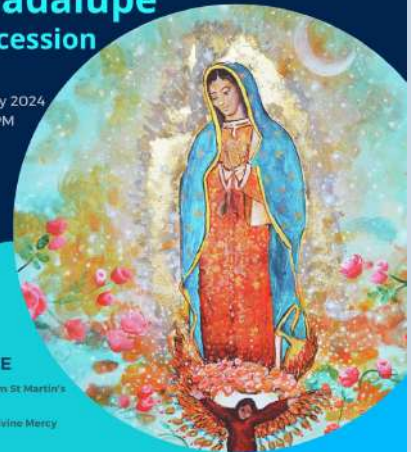
### Upcoming dates:

- April 30-May 3, Seniors' Exams
- May 10- Mother/Daughter Lunch
- May 17- Teachers' Day
- May 18- Prom
- May 30- Parents' night
- June 4-7-Undergrads review
- June 8- Father/Daughter Brunch
- June 10-13- Undergrads exams

## A LOOK AHEAD

### Our Lady of Guadalupe Procession

19 May 2024  
5:30 PM



#### ROUTE

Starts from St Martin's Church  
Ends at Divine Mercy Church

HYBRID STYLE

Combo of walking and motorcade

### CANCER WALK 2024

Let's walk together on Saturday May 25th  
**PREVENT! DETECT! TREAT!**  
Together WE win!

**JOIN US!**







# from the office



## Alumnae office

- Class reunions
- Giving back
- Fun events...



615-0017



## How to help Mercy girls.

- Scholarships
- Feeding program
- Uniforms
- Home assistance to students' families



223-1758/223-4908



[administration@sca.edu.bz](mailto:administration@sca.edu.bz)

## Vacancies

- Secretary
- Maintenance (Mercy Center)
- IT Technician
- Teachers (any area)

Send documents to  
[administration@sca.edu.bz](mailto:administration@sca.edu.bz)

**JOIN OUR TEAM**





# CHAMPIONS OF MERCY VALUES



Compelled By Mercy



A Voice For Dignity  
and Respect



Principled Leadership



Inspired by Faith



Educational Courage



## MEET OUR TEACHERS



**English Dept.**



**Spanish Dept.**



**Math Dept.**



## CHAMPIONS OF MERCY VALUES



**Arts Dept.**





**Business Dept.**



**I.T. Dept.**



**CHAMPIONS OF MERCY VALUES**





Suggestions/highlights:  
email to  
[amarinesca.edu.bz](mailto:amarinesca.edu.bz)

## Newsletter Team

### CHAMPIONING MERCY VALUES

